# Hoover Community Classes

1677 Park Ave., San José 95126

Mail Registration to: 2175 Lincoln Ave. San José 95125

Phone: 408-292-5871

Phone: 408-448-6400 (Willows)

Fax: 408-292-5831 Contact: Angelica Garcia

Email: angelica.garcia@sanjoseca.gov

Bus Lines: 36, 62, 81

Types of Programs: Fee classes, community meetings and rentals.

For more classes see Willow Glen Classes.

# **ARTS & CRAFTS**

## **Pre-School Drawing Classes**

\$86

Young students are so eager to learn, and a joy to teach. Young Rembrandts instructors provide a nurturing and strong learning environment that expands Pre-schoolers' image vocabulary as they draw familiar images such as fish, teddy bears, rainbows and cowboys. We'll concentrate on the skills of drawing and coloring while we develop fine motor skills, focus, listening, staying on task, patience and spatial organization.

Instructor: Young Rembrandts

Course #	Day	Date	Time	Age	Mtg.	Loc.
296.2.323	W	9/17-11/5	3:00-3:45pm	3-5	6	HV

## **Elementary Drawing Classes**

\$86

Our elementary age curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give them skills to express their creativity, and believe that all children can and should learn to draw. We provide all materials and teach new lessons each week in a positive and nurturing environment, which brings out the best in each child. You'll see increased art abilities, learning skills, self-confidence and self-esteem.

Instructor: Young Rembrandts

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.324	W	9/17-11/5	4:00-5:00pm	6-12	6	HV	

### **Cartoon Drawing Classes**

\$86

Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This delightful program combines Young Rembrandts' innovative, step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations.

Instructor: Young Rembrandts

Course #	Day	Date	Time	Age	Mtg.	Loc.
296.2.325	W	9/17-11/5	5:15-6:15pm	6-12	6	HV

# **SPORTS & FITNESS**

## **Floor Gymnastics**

\$80

Do you like to move? Come and learn basic gymnastic skills such as cartwheels, backbends and more. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.301	T	9/16-11/4	3:30-4:25pm	5-7	8	HV	
296.2.302	T	9/16-11/4	4:30-5:25pm	8-10	8	HV	

## **Karate - Beginning/Intermediate**

\$114

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Class includes self-defense and stresses the importance of self-confidence and mental discipline. All levels are welcome. Please see instructor for clothing and equipment requirements.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.303	M/W	9/16-11/5	7:00-7:50pm	5+	16	HV	

#### Karate – Intermediate

\$114

In this intermediate class students will learn Katas (forms) and tournament style kumite (sparring). Class includes self-defense and stresses the importance of self-confidence and mental discipline. There is an additional fee for uniform, belt testing, and fist pads payable to the instructor. Parents and guests will not be able to stay in the classroom.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.304	T/Th	9/16-11/4	4:30-5:30pm	5+	16	HV	

### **Parent/Toddler Gymnastics**

\$80

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in class.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296 2 305	Th	9/16-11/4	10:30-11:25am	22-36	m 8	HV	

### Mommy/Daddy & Me Soccer

\$94

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, so in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Rainout Hotline: 1-800-871-2275.

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Age	Mtg.	Loc.
296.2.306	Sa	9/27-11/27	11:30am-12:00pm	2-3.5	9	RGL

Hoover Community Center continues on next page



# **SPORTS & FITNESS**

## **Kidz Love Soccer (KLS)**

\$94

Kidz 3.5-12 years of age learn the world's most popular sport. Skill demonstrations, fun games, and instructional scrimmages conducted in a noncompetitive, recreational format. "Where the score is always fun to fun" Tot Soccer (3.5-4 yrs) Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by the second meeting. Pre Soccer (4-5 yrs) Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second meeting. Soccer 1 (5-6 yrs) Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required by the second meeting. Soccer 2 (7-8 yrs) & Soccer 3 (9-12 yrs) Play the exciting game of Soccer! Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situation venture into the fun tactical side of scrimmaging. Players 7-12 years will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Kidz Love Soccer...where the score is always FUN to FUN! Shin guards are required by the second meeting. In case of rain-outs, please call the KLS Field Hot-Line at 1-800-871-2275.

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Age	Mtg.	Loc.
296.2.307	Th	9/25-11/20	9:30-10:00am	3.5-4	9	RGL
296.2.308	Th	9/25-11/20	10:00-10:35am	4-5	9	RGL
296.2.309	Th	9/25-11/20	2:40-3:10pm	3.5-4	9	RGL
296.2.310	Th	9/25-11/20	2:40-3:45pm	4-5	9	RGL
296.2.311	Th	9/25-11/20	3:45-4:30pm	5-6	9	RGL
296.2.312	Th	9/25-11/20	4:30-5:15pm	7-8	9	RGL
296.2.313	Th	9/25-11/20	4:30-5:30pm	9-12	9	RGL
296.2.314	Sa	9/27-11/22	2:30-3:05pm	4-5	9	RGL
296.2.315	Sa	9/27-11/22	3:05-3:50pm	5-6	9	RGL
296.2.316	Sa	9/27-11/22	3:50-4:35pm	7-8	9	RGL
296.2.317	Sa	9/27-11/22	3:50-4:50pm	9-12	9	RGL
296.2.318	Sa	9/27-11/22	4:50-5:50pm	3.5-4	9	RGL

### **Family Karate**

### \$114 per person

A good physical activity for the whole family! Class is co-ed and each participant, one child and one adult, is charged the fee. Class promotes healthy activities for family and stresses the importance of exercise. \$114 is per person.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.321	M/W	9/15-11/5	7:00-8:00pm	5+	16	HV	

# Don't Miss Out!

Register early because a class may be cancelled if it does not meet the minimum enrollment.

# **SPECIALTY CLASSES**

**Mental Math** 

\$70

Students enhance their Mental Math skills through Power Math. Using the abacus, they will understand arithmetic better and learn to solve math equations quickly. A \$20 cash supply fee is payable to the instructor for workbook and abacus at the first class meeting.

Instructor: Liu

Course #	Day	Date	Time	Age	Mtg.	Loc.	
296.2.604	F	9/19-11/7	3:30-4:15pm	5-7	8	HV	
296.2.605	F	9/19-11/7	4:30-5:15pm	8-11	8	HV	

# **ADULT CLASSES**

Pilates \$114

Come and learn the basics of Pilate's mat work! These exercise techniques can be used to strengthen and tone your abs, hips and thighs. This class promotes flexibility, agility, good posture and body awareness. Wear loose fitting clothing.

 No Class 10/13
 Instructor: Camp Carter, International

 Course #
 Day
 Date
 Time
 Age
 Mtg.
 Loc.

 296.2.707
 M
 9/15-11/10
 7:00-7:50pm
 16+
 8
 HV

# The Neighborhood Arts Development

The Neighborhood Arts Development pilot brings new arts and cultural classes to the Hoover Community Center. All three organizations offer a number of classes/workshops at the center, where they also maintain their offices. Listed below are the classes offered by the resident art organizations:

## Kaisahan of San Jose - Phone 408-298-3787

- Traditional Dance Beginning Folk Dance for youth 6-18 years of age. Learn fundamental Philippine folk dance steps and simple terminology. The class meets on Fridays from 6:30-7:30pm.
- Basic Tagalog Introduction to Filipino Language for ages 6+. Learn to speak basic Tagalog, phrases and expressions. This class meets on Fridays from 7:30-8:30pm.
- Banduria Beginning Banduria for ages 6+. Learn to play Filipino folk songs using traditional Filipino string instruments. This class meets on Fridays from 8:30-9:30pm.

## Flamenco Society of San Jose - Phone 408-971-8468

Introduction to Flamenco Dance – for ages 8+. Students will be introduced to Flamenco music and dance with a focus on technique. No prior Flamenco experience necessary. Class meets on Saturdays from 11:00am-12:00pm

### **Shri Krupa Dance Foundation -**

 Indian Classical Dance – Basic Bharatanatyam Dance for youth ages 5-19 years. Beginning lessons in the Indian classical dance form of Bharatanatyam (Thanjavur style). Class meets on Saturdays from 1:00-2:00pm.

Please do not use the registration form in this brochure to sign up for these classes. Call the individual arts organization for more information and registration instruction. You may also fax the group and state your interest with return phone number: Fax 408-279-1059. For more information call Joe Rodriguez at the Office of Cultural Affairs at 408-277-5144 Ext. 29.